



# LAKOTA FAMILY YMCA

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Gym Schedule  
February 2019

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30							
6:00							
6:30							
7:00							
7:30							
8:00							
8:30							
9:00							
9:30							
10:00							
10:30			SOAS 10:00-10:45		Pickle Ball Open Play 10:00-2:00 East Gym		Y Dribblers 9:30am-10:30pm East Gym Boot Camp 10:00 - 11:00 West Gym
11:00							
11:30							
12:00							
12:30							
1:00							
1:30							
2:00							
2:30							
3:00							
3:30							
4:00							
4:30							
5:00	Shock West Gym	Shock West Gym	Shock 5:00 - 9:00 West Gym	Shock 5:00 - 9:00 East Gym			
5:30							
6:00							
6:30		ABBL 6:00 - 9:00	Family Open Gym 6:00-7:30 East Gym	Tiny Tots 5:50pm- 8:00pm West Gym	Shock 5:00 - 9:00 West Gym	Shock 5:00 - 9:00 West Gym	
7:00							
7:30							
8:00		Gym Closed					
8:30							
9:00							
9:30							
10:00							
<b>Schedule is subject to change</b>							
Direct questions regarding Gym availability to: Joe Ayers at (513) 779-3917 or email Joe.Ayers@Lakotaymca.com <i>Open Gym in evenings: No organized activities during open time.</i>							



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## LAKOTA FAMILY YMCA Cincy Shock Home Schedule February 2019

Saturday 2/02/19

Half Gym Closed 11:25am-2:45pm

Full Gym Closed 2:45pm-8:00pm

Sunday 2/03/19

Gym Closed 12p -5:00pm

Saturday 2/09/19

Half Gym Closed 11:25am-1:45pm

Full Gym Closed 1:45pm-8:00pm



Saturday 2/16/19

Half Gym Closed 11:25am-1:45pm

Full Gym Closed 1:45pm - 8:00pm

Saturday 2/23/19

Full Gym Closed 12:30-8p

Sunday 2/24/19

Full Gym Closed 12:00p-6:00p